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Festival draws tens of thousands to base

By Capt. Warren Comer 374th Airlift Wing Public Affairs

With 45 aircraft on display during the 2005 Japanese-American Friendship Festival, more than 110,000 visitors flocked to Yokota Air Base to gain a better understanding of the U.S. military's mission in Japan, and also get a taste of America.

This year's festival had a wide variety of aircraft on display with a U-2 Dragonlady, the famous surveillance aircraft used during the Cold War and now being used to aid U.S. and allied forces gain better information in possible contingency locations throughout the world.

A U.S. Air Force E-3 Sentry and a JASDF E-767, both Airborne Warning and Control aircraft, drew crowds during the festival for their distinctive appearance.

Hercules cargo planes and UH-1N Huey helicopters from the 374th Airlift Wing also conducted numerous demonstrations to show the Japanese public how the Airmen of Yokota operate their aircraft.

Paratroopers from the U.S. militaries and Japan Self-Defense



bove photo by Capt. Warren Comer, below photo by Yasuo Osakabe

Approximately 110,000 people visited the annual Japanese-American Friendship Festival here Saturday and Sunday. From static displays to American favorites such as steaks and hamburgers, the festival hosted 45 aircraft and 180 booths run by base private organizations. Below, 1st Lt. Jennifer Whetstone, 459th Airlift Squadron, greets one of the smaller visitors at the festival. The squadron displayed one of its UH-1N Huey helicopters and flew another during a rappelling demonstration on the flightline last weekend.

Forces jumped out of C-130s both days of the festival while U.S. Navy Explosive Ordinance Disposal personnel used a fast rope to get to the ground from a UH-1 hovering at 50 feet above the air field

"The festival is a tremendous event and a great opportunity to open the base to our Japanese hosts," said Col. Scott Goodwin, 374th AW commander. "It's a chance for us to show our mission and share American culture."

While showing the Japanese public the U.S. military mission in Japan, visitors also had a chance to take home unique American souvenirs or eat an American meal from more

than 180 booths set up by Yokota's private organizations.

"Everyone comes here to enjoy the atmosphere," said Ms. Yoshimi Uchiyama, a resident from nearby Ome City who has attended the festival for the last 10 years. "I listened to the Pacific Air Forces Band and enjoyed talking to many Americans."



Medical Airmen take on 250-bed exercise with AF Reserve

Temporary health facility helps train troops for contingency environments

By Capt. Warren Comer 374th Airlift Wing Public Affairs

The 374th Medical Group along with Reserve personnel from the 452nd Aeromedical Staging Squadron, from March Air Reserve Base, Calif., established a Contingency Aeromedical Staging Facility at Yokota Air Base Aug. 12.

Setting up the CASF was part of an exercise to test their ability to provide care to patients where casualty flow through the base during a contingency or conflict is expected to be high.

A CASF is a 24-hour, 250 bed extension to the primary care facility at a base utilizing physicians, mental health providers, dietary and

pharmaceutical capabilities.

"Setting up the facility allowed us to test our plans in a controlled exercise environment," said Senior Master Sgt. Jose Alfaro, 374th Medical Support Squadron medical logistics flight superintendent. "We identified some issues that required attention like the storage of supplies, tear down of shelving and movement of material within the facility."

Sergeant Alfaro said this the first time that the 374th MDG has set up the entire facility.

During an inspection in 2002, they set up 25 beds, but this is the most they have ever done at the staging facility since it was built in 1995.

"For the ASTS folks, it allowed them to see first hand what they had to work with as far as equipment, space, support from MDG and other agencies, and the time it takes to get everything up and operational," said Capt. Terrell Freeman, 374th Aerospace Medicine Squadron

medical readiness flight commander. "For the MDG, it allowed us to get a better understanding of the role of the CASF, infrastructure issues, inventory problems, equipment functionality and overall support needed to make it work."

This CASF is placed at Yokota due to it's ability to provide the best medical support to personnel being evacuated from the Korean Peninsula should an real-world events.

outbreak of hostilities occur.

"Yokota is the airlift hub of the Western Pacific," said Capt. Freeman. "The CASF is the staging point for casualties that need to move forward to a higher echelon of care."

This process works in much of the

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Capt. Terrell Freeman 374th Aerospace Medicine Squadron

same way that servicemembers receive care when being evacuated from Iraq or Afghanistan. The injured are flown to a CASF in the country and then transported to Europe where they receive care at a modernly equipped medical center.

While the exercise was an overall success, 374th MDG officials think that their processes can be improved upon for future exercises or real-world events.

ORI countdown: 198 days

How does your side look?



photo by Master Sat, Val Gemp

Tech. Sgts. Eric Wilson (left) and Philip Pettaway check the landing gear on one of four C-21A Lear jets stationed here. The sergeants are quality assurance representatives from the 374th Maintenance Operations Squadron. They work with government contractors to ensure aircraft are safe and mission capable.

Shots more than just pain in arm

Most of us don't enjoy visiting the doctor's office, especially when it's time for an immunization.

Sharp needles and painful stings aside, America's vaccination program is one of the great public health improvements of the past century. Vaccination has led to decreased childhood mortality, longer life expectancy, and an overall improvement in our quality of life.

Childhood immunizations begin within the first few months of life, with vaccinations to prevent diseases such as diphtheria, tetanus, pertussis, hepatitis, and polio. At one year of age, children receive another set of critical immunizations; the measles, mumps, rubella vaccine, and the varicella vaccine. As teenagers,

they receive a tetanus booster and a vaccine to protect against meningitis.

It is critical that parents play an active role in their children's health care and vaccination status, and are not dependent on the medical group to inform them when their child's vaccination comes due. Parents who are proactive about their children's health care can help ensure their children will grow into healthier adults.

Military members have specific baseline vaccination requirements and some additional requirements depending on their deployment location. Most mobility immunizations are just standard childhood immunizations that need to be boosted every few

years, with a few other shots such as typhoid added. When Airmen are deployed to high-threat areas, they are also vaccinated against threats such as anthrax and smallpox.

Remember that an ounce of prevention is better than a pound of cure. Also remember that community members are doing their part in maintaining a national immunization program that prevents an estimated 10.5 million cases of infectious disease and 33,000 deaths annually in the United States.

For more information, call public health at 225-5311 or the immunizations office at 225-8801.

(Courtesy of 374th Medical Group)

June 20 – Reyhlen Lamont Thomas, nine-pound, three-ounce son of Aundrea and Marlin Thomas.

June 28 – Cameron Scott Bennett, ninepound, six-ounce son of Heather and Scott Bennett.

June 28 – Obed Hiro Figueroa, six-pound, 14-ounce son of Ukie and Obed Figueroa.

June 28 – Gregory James Hicks, six-pound, five-ounce son of Delores and Rudolph.

June 28 – Gabriella Ju-yun Saunders, six-pound, four-ounce daughter of Je and John Saunders.

June 29 - Tyler Evan Mattson, eight-

pound, four-ounce son of Sherry and Nicholas Mattson.

June 29 – Chance Dacion Posey, sevenpound daughter of Chantae Posey.

June 30 – Ja-

son Eric Columbus, five-pound, three-ounce of Sarah and Beau Columbus.

July 10 – Madeline Nelida Molett, seven-pound, 13-ounce daughter of Nicole and Matthew Molett.

July 13 – Connor Riku Bartholomew, eight-pound, eight-ounce son of Mami and



Jay Bartholomew.

July 14 – Allison Elizabeth Geronime, seven-pound, 14-ounce daughter of Jill and Brian Geronime.

July 18 – Maizie Xiola Stout, seven-

pound, 13-ounce daughter of Marie and William Stout.

July 20 – Nevaeh DeNise Parker, sevenpound, nine-ounce daughter of Alizia and Preston Parker.

July 21 – Christian Dominic Tucker, six-pound, 12-ounce son of Amy and

Robert Tucker.

July 22 – Ayumi Ashleigh Best, eightpound, seven-ounce daughter of Eriko and Brian Best.

July 22 – Olivia Rene Hernandez, eightpound, seven-ounce daughter of Minako and Philip Hernandez.

July 22 – Christian Ezekiel Isiaiah Mitchell, eight-pound, two-ounce son of Tara and DeShawn Mitchell.

July 23 – Collin Thomas Wehner, sevenpound, 10-ounce son of Wendy and Matthew Wehner.

Aug. 1 – Quinn Matthew Martyniak, seven-pound son of Dayna and Neal Martyniak.

AFPC notifies Airmen of criminal activity: RANDOLPH AIR FORCE BASE, Texas (AFPN) – The

Air Force is notifying more than 33,000 Airmen that a security breach has occurred in the online Assignment

Management System.

The notification comes after Air Force Personnel
Center officials here alerted Air Force and federal investigators to unusually high activity on a single user's
AMS account in June.

AFPC officials said Airmen may login to http://www.afpc.randolph.af.mil/vs/ to see if their information was viewed. (Courtesy of Air Force Personnel Center Public Affairs)

NEWS AROUND THE AIR FORCE & PACAF

For these stories and more, visit Air Force Link at www.af.mil

Hearing aids available for active-duty families: FALLS CHURCH, Va. (AFPN) – Beginning Sept. 1, active-duty family members who meet specific hearing-loss requirements, will be eligible to receive hearing aids, including services and supplies, as a Tricare benefit

This benefit is extended to family members as part of the National Defense Authorization Act for fiscal 2002.

For more information, beneficiaries may visit the Tricare Web site online at http://www.tricare.osd.mil. (Courtesy of Tricare Management Activity)

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'Tribute to the Troops'
scheduled for 9/11: WASHINGTON (AFPN) – The second annual "Tribute to the

Troops" motorcycle ride is scheduled to roll through the American heartland over the Sept. 11 weekend.

The tribute ride, which will include several hundred bikers, will honor servicemembers who gave their lives for freedom and to raise money for local Minnesota and Wisconsin military families who lost loved ones in recent military engagements. The bikers will visit the homes of these families to pay their respects.

The 2005 Tribute to the Troops is actually three separate motorcycle rides that cover different parts of Minnesota and Wisconsin.



Wing leadership answers enlisted call questions

By Airman 1st Class Katie Thomas Editor

The enlisted force here has questions. The 374th Airlift Wing senior leadership has answers.

"The recent commander's calls here proved to be an important opportunity for both the wing commander and the enlisted troops," said Chief Master Sgt. Cathy Barker, the wing's top enlisted Airman. "The wing commander shared his vision including Air Force Instruction 36-2618 and Lt. Gen. Bruce Wright's focus on unwavering professionalism. The troops also got to ask questions to the wing commander."

Among the top queries were military pay concerns

Airmen requested details about Basic Allowance for Subsistence and the recent reduction in Cost Of Living Allowance.

Enlisted members receive full BAS only when they are authorized to under current regulations, said a wing financial spokesperson. Unit commanders have the authority to give a member full BAS based on whether that member meets current criteria. Unaccompanied servicemembers can receive full BAS if they are unable to use the dining facility for at least 80 percent of their meals on a regular basis.

The reduction in COLA came as a result of the annual Living Pattern Survey conducted in April. The base will field a two-point reduction, which is about \$20 to \$30 per point for enlisted members, and \$20 to \$40 per point for officers. For unaccompanied members to

receive full COLA, they must prove that eating at the dining facility is impractical for them, but the final authority rests with the 374th Mission Support Group commander.

Child care was also a hot topic on enlisted members' minds.

Servicemembers have several options available to them to help ensure their children are taken care of, including extended hours at the Child Development Centers during exercises. The Air Force Extended Child Care program offers free care for specific needs not covered during exercises, however members must be registered in the program.

Enlisted Airmen should also keep in mind that child care rates at the CDCs here have not raised in four years, helping ensure quality and affordability to the community, said child care spokespersons here.

Quality-of-life questions also came up. The Chili's restaurant is scheduled to open its doors in late 2007 with construction beginning in 2006.

The fitness center in the Natatorium is currently open 18 hours a day Mondays through Thursdays, however the center cannot support 24-hour operations as of yet, said MSG representatives. The teen center will return to its normal operations when the fitness center moves back to its original location.

The fitness center is also looking at other improvements. An outside running track is also currently being considered. A children's playroom is not included in current plans for the main fitness center, however the community can expect a fitness facility with a playroom to open in February 2006.

The Army and Air Force Exchange Services and wing leadership are working together to possibly open both the east and west gas stations to 24-hour operations.

The wing's exercises were also brought up. The commander said that exercises will continue to have scenerio variations to better prepare the wing's Airmen for combat. "Combat is unscripted," explained Col. Scott Goodwin, wing commander. "We must be ready at all times for whatever scenario comes our way."

Community members should expect no changes in the motorcycle training program or "Bar Row" policy. A liberty card program is not being considered.

Medical group enlisted troops asked a question of whether housing could be allotted for them on the east side, however current regulations call for units to house its unaccompanied members in the same location and for accompanied members to accept the first housing accommodations offered to them.

Officers can look forward to monthly development courses and other military education as part of Colonel Goodwin's officer development initiatives.

Senior noncommissioned officers were advised to not be as concerned with stratification. Chief Barker recommended that, "We should concentrate on taking care of the mission and our people, and if that is our focus everything else will fall into place.

"Senior NCOs should fulfill their responsibilities and look for ways to grow personally and professionally," she explained.

Military insurance upped to \$400,000

Servicemembers' Group Life Insurance maximum coverage has been upped to \$400,000 effective Sept. 1, and allows reduced elections in increments of \$50,000.

All members eligible for SGLI at that time will become insured for the maximum coverage of \$400,000 until they make a valid election to reduce or decline coverage.

The new SGLV 8286 will not be made available until August 31, 2005. These changes will not affect coverage under Family SGLI.

Likewise, beginning on the effective date, all members who become newly eligible for SGLI will have \$400,000 in coverage until they make a valid election to reduce or decline coverage. The monthly premium remains \$3.25 per \$50,000 of coverage.

No election before Sept. 1 will apply with respect to the member's level of coverage.

New SGLI elections continue to become effective the first day of the month after an otherwise valid election. All members are fully insured for \$400,000 throughout the month of September, regardless of any election filed that month.

(Courtesy of Air Force Personnel Center)



Calling all community members

Security Forces lets base know what they are responsible for

By Maj. Donald Davis

374th Security Forces Squadron

Our base needs us. It does not take long or extensive research to determine why—it was in a recent Fuji

It is the high number of ongoing discipline problems within our team. These are distracters that decrease our ability to support our wartime mission. I could talk for days on why the perpetrators of incidents should not have done the deed they did.

That is not the subject of this

What I want to solicit now is "your" help in decreasing the discipline incidents we have. Our leaders have clearly outlined their expectations for

We all have the right and duty to be actively involved with the safety, security and well being of you, your family and all military personnel here. Our core values give us this

This problem is relevant to us all: military, civilians, contractors and families. We have the ability to change this trend. Involved Yokota team members actively enforcing standards and preventing criminal incidents will lead us in the right direction.

But how is this specifically accomplished?

First, I need you to get involved and stay involved within your duty section, community and the base. This is not only the pre-weekend safety briefing. It is knowing if your fellow Airmen, who's going to be drinking, has a designated driver. It is escorting the Airmen home that has had too much to drink before the incident happens. It is stopping the fight at the club before it begins. It is knowing when your people are having family difficulties and getting them assistance before the domestic disturbance

Second, and most importantly, don't walk past a problem. Integrity is a quality you develop by adhering to moral principles. This has two parts: (1) knowing right from wrong. The core values will tell you the difference between a crime and a mistake; (2) just as important to us all is the moral courage to enforce the core values and high standards.

It does not help the base if we follow the standards but do not help our other Yokota team members do the same.

In this modern era, if we are to achieve success at this goal when our core values become second nature, which will enable us to achieve a safe and secure environment to conduct military operations. This is critical, because every person assigned to this installation is deputized to work with security forces to reduce and eliminate criminal activity.

Remember, never lose sight of your tactical objective-Yokota is your base! Don't just memorize our core values—live them. We intentionally say, "Integrity First."

And while I have the opportunity, I would like to provide the community with some information on what security forces owe you.

The security forces' Citizen's

Bill of Rights consists of seven principles every base member should expect from services rendered by security forces:

 $\sqrt{\text{You will be treated with}}$ fairness and respect;

 $\sqrt{\text{You have the right to}}$ report criminal activity and remain anonymous if you desire;

 $\sqrt{\text{You have the right to}}$ receive quick response from the security forces in emergencies and timely service in nonemergencies;

 $\sqrt{\text{You have the right to}}$ voice an opinion of how security forces handle incidents and receive a follow-up briefing pertaining to your case;

 $\sqrt{\text{You have the right to}}$ question and be informed of security forces practices and procedures and be given feedback in a timely manner;

 $\sqrt{\text{You have the right to be}}$ actively involved with security forces concerning the safety of you and your family.

We feel that it is essential that all assigned personnel are afforded these extremely important rights – especially, to be actively involved.

We look forward to working with you to protect you, your family and your base.

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How to reach us

Editorial content is prepared by the 374th Airlift Wing Public Affairs Office, Bldg. 315, Yokota Air Base, Japan.

Phone: 225-8833

Fax: 225-4867

Mail to: 374 AW/PA, Unit 5078, APO AP 96326-5078 or send to: fuji.flyer@yokota.af.mil

Deadlines

The deadline for articles, briefs and classifieds is Wednesday the week before publication. For holidays, the deadline is one day earlier.

Editorial staff

Col. Scott Goodwin 374th Airlift Wing commander

Capt. David Westover Chief, Public Affairs

Capt. Warren Comer Deputy Chief, Public Affairs

1st Lt. Ben Alumbaugh

Chief, Plans and Operations Master Sgt. Dominique Brown

Superintendent, Public Affairs Staff Sgt. Karen J. Tomasik

Airman 1st Class

Katie Thomas

Eight Co., Ltd.

Remember to consider the "Fudge" factor

By Lt. Col. Mark Murphy

354th Maintenance Squadron

EIELSON AIR FORCE BASE, Alaska (AFPN) - "Daddy, can I have a box?"

It was a hot summer day near Chanute Air Force Base, Ill., and I was unpacking from the first of many permanent change of station moves in my career. I turned to answer my five year-old daughter who was looking up at me.

"What do you need the box for?" I asked. She replied, "Sherry and Terry's kitty died and we need a box to bury him in."

My heart melted. What parent could resist such a touching moment? So I grabbed the nearest box and sent her on her way. Problem

You can imagine my horror when, a few minutes later, I glanced out the window and saw my daughter, her two friends and the box out in the street. They were using sticks to try to pry something off the pavement.

Realizing I'd made an error by not asking a critical question, I ran outside to get the girls out of the street. My daughter quickly pointed out what was keenly obvious: they couldn't get the cat in the box. I looked down at the biggest Siamese cat I'd ever seen, stuck to the hot Illinois asphalt like a chunk of firewood frozen to the ground in the middle of winter. The girls lovingly called this chunk

of roadkill "Fudge."

I brushed away the flies, kicked Fudge loose, grabbed him by the tail, and tossed him in the box with a thunk. Problem solved.

Or so I thought. No sooner did I have my hands washed when the girls were back at the front door with the box. My daughter explained her friends' dad wouldn't let them bury Fudge in their backyard. Could they bury him in ours?

"Absolutely not!" I told her. "For one thing, I rent this house. For another, I'm not burying another man's cat in my backyard."

A little disappointed, the girls left again. Problem solved.

A few minutes later they were back asking for a shovel. "Sorry, I told them, I don't have a shovel." Problem solved.

I looked out the back window and found them in a vacant lot between two houses behind ours, sitting next to the box and scratching in the dirt with teaspoons. The afternoon drew on and, as you can expect, they made little progress. Soon dinner time arrived and the girls all got called home to their respective families.

After dinner, I looked out the back window. The rays of the setting sun shone on the box sitting in the middle of the vacant lot. I chuckled at the thought of some passerby getting curious and looking in the box.

Then my eye caught something I hadn't

noticed before. It was a box I'd used to mail things from Officer Training School.

There, in the vacant lot behind my house, was a cardboard box with a petrified cat inside and my name and address on the outside. At the end of the day, that cat didn't belong to its owner, the person who hit it or even the girls who tried to bury it.

That cat was mine.

A magic marker and a trip to a dumpster downtown solved the problem for good.

How many times have you seen someone who made a series of decisions that all seemed perfectly reasonable and valid at the time, but yet things still went horribly

My experience with Fudge is not unusual. People often get lost in details and lose track of the big picture. Desite the best intentions, the damage is done before they fully realize what they're dealing

When someone gets into a situation, it's your responsibility to give them a crosscheck and get them to see the forest instead of the trees.

It's human nature to get tunnel vision and be blindsided by something you didn't anticipate. Watch for this in yourself, and watch for it in your people.

You don't want to be stuck with the cat at the end of the day.

DUI Prevention

Aug. 3 – Aug. 23

Total in 2005

Total DUIs in August

Punishment

.049 or less = car parkedfor 12 hours .05-.079 = 6 months walking

.081 - .149 = 1 year walking 0.15 or greater = 2 years walking

Don't drink and drive. Call 225-RIDE!

Raking in the benefits

Samurai Self-Help Store essential part of home life

By Master Sgt. Dominique Brown 374th Airlift Wing Public Affairs

If you need items for improvement projects in base housing or your work section, the 374th Civil Engineer Squadron's Samurai Self Help store is the place to go.

Items including hammers, landscaping equipment and paint are free for the taking within limited quantities or are available on a sign-out basis.

The Self Help store handles up to 500 customers and an average of \$10,000 of merchandise volume every week.

"The mission of the Samurai Self Help store is to offer

morale building programs while providing many cost saving household items to Yokota housing residents," Tech. Sgt. Thomas Love, non-commissioned officer-

in-charge of the Self Help store. "We also provide guidance and material for quality of life upgrades around the workplace."

The sergeant also said that light bulbs, rollers, brushes, drop cloths and over 100 colors of custom mixed paint are available for on-base household units.

Rakes, shovels, weed eaters or push lawnmowers can be signed out to be used to improve the landscaping at home as many of those items aren't available in an overseas environment. Grass seed, weed and feed, fertilizer and pest control products are also available.

"It is really convenient," said Senior Master Sgt. Mike Breazell, a customer browsing the shelves at the store with his family. "The Self Help store helps to eliminate a lot of out-of-pocket costs to keep up our living quarters."

According to Sergeant Love, some of the most requested items are light bulbs, paint, grass seed, oven pans and clear plastic recycle trash bags.

"We have a pretty good selection of items for doing small projects or clean-up around the house such as skill saws,

> c o r d l e s s drills, carpet c l e a n e r s, shovels, ladders, hand trucks, air conditioning filters and s h o w e r heads," he said.

The Self-

Help store's six-member staff is on-hand to assist in ordering materials for office or work-place self-help projects. Some items need to be pre-ordered such as sheetrock, lumber or carpeting. Yokota residents requesting this type of work must turn in a completed Air Force Form 332 to the store's staff.

The Samurai Self Help store is open from 11:00 a.m. to 5 p.m. Wednesday and Friday, and 9:00 a.m. to 2 p.m. on Saturday. For more information, call the store at 225-7086.



ohotos by Capt. Warren Comer

Senior Master Sgt. Mike Breazell, Det. 2 Pacific Air Forces Air Postal Squadron, checks out a lawn rake at the Samurai Self-Help Store last week with his family. The store provides home improvement equipment to community members free of charge. From paint and painting supplies to lawn-work items, the store distributes more than \$10,000 worth of equipment to its customers each week. Approximately 500 community members visit the store each week. Left, Sergeant Breazell looks through the numerous bins at the store for household improvement.



Off base

25th Asakusa Samba Carnival: This is the most famous samba festival in Japan. It includes more than 4,500 dancers from Latin America. The carnival is at the Asakusa Temple Saturday. It is located around the subway's Asakusa station. Visit http://asakusa-samba.jp/.

25th Annual Inagi Festival: The Tama Hills Recreation Center is hosting this festival from 11 a.m. to 5 p.m., featuring food booths, a band contest, rides and more.

O-edo Kotto-ichi: This is a popular antique market. The market is at the Tokyo International Forum from 8 a.m. to 4:30 p.m. Sunday. It is located on the JR Yamanote Line's Yurakucho Station, extit A4b.

Super Yosakoi 2005: More than 90 dancers will perform on Harajuku's main street, or omote sando, Saturday and Sunday. There will be traditional dance, stage events and a local goods market also open during this annual event. It is located near the JR Yamanote Line's Harajuku Station.

On base

Movies

Today – War of the Worlds, PG-13, 7 p.m.; Deuce Bigalow: European Gigolo, R, 9:30 p.m.

Saturday – Herbie: Fully-Loaded, G, 2 p.m.; Bewitched, PG-13, 7 p.m.; Deuce Bigalow: European Gigolo, R, 9:30 p.m.

Sunday – Herbie: Fully-Loaded, G, 2 p.m.; Deuce Bigalow: European Gigolo, R, 7 p.m.

Monday – War of the Worlds, PG-13, 7 p.m.

Tuesday – *Bewitched*, PG-13, 7 p.m.

Wednesday – Deuce Bigalow: European Giglo, R, 7 p.m.

Thursday – *Rebound*, PG, 7 p.m.

All movies and showtimes are subject to change without notice. Call 225-8708.

Education

The following Excelsior College Extended Response exams

are offered Oct. 5 through the Base Training and Education Center: History of Nazi Germany; English Composition; American Dream; and Religions of the World. The cost is \$280 per exam for non-military members. Register no later than today. Call 225-7337

The Automotive Service Excellence exam is offered Nov. 15, 16 and 17 at BTES. Interested community members must register in person in Bldg. 316 no later than Sept. 1 to take the exam. Call 225-7337.

Committee

The Yokota High School Project Graduation Committee* is looking to be adopted by a base organization. Interested units who would like to partner up with the committee can call 227-9931.

Visitor care

The base hospital cannot see patients who do not have a valid military I.D. card except in life-saving emergency circumstances. For details about medical care for both military and non-military members here, call 225-6478.

MSA closure

The munitions storage area is closed Sept. 6 to 9 for its annual inventory. All turn-ins or issue requests must be made 10 days prior to the inventory because the storage area will not process issue or turn-in requests during that time.

Retraining

Noncommissioned officers who are targeted for retraining in 2006 can voluntarily retrain through Oct. 14. An involuntary phase will follow to meet mission needs. Restrictions apply depending on grade and career field. Call 225-9001.

Holiday parties

The Enlisted and Officers' Clubs will be holding its official holiday party drawing this year Sept. 7 beginning at 3 p.m. in the Officers' Club Samurai Lounge. One member of a unit must be

present during the drawing. Call 225-8526.

Kanto Shuttle

The 374th Services Division is now providing a shuttle between the Kanto Lodge and AMC terminal six hours before departures and as required after arrivals.

Tama Express

A services shuttle will offer weekend routes to Tama Hills beginning Sept. 9 at 6:30 p.m. Roundtrip tickets can be purchased at the Yujo Recreation Center for \$5 per person. Call 225-7720.

Chapel events

The Protestant Youth of the Chapel* hold a high school youth group every Monday from 6:30 to 8:30 p.m. in the building behind the main chapel. A junior high school youth group is held every Wednesday from 6:30 to 8:30 p.m. behind the main chapel. Call 225-7009.

The Protestant Singles of the Chapel* is beginning a study about evolution, creationism, and science taught by Adam White from 5:30 to 7:30 p.m. Tuesday in the building behind the main chapel. All base singles are invited to attend. Free food and music are also offered. Call 225-7009.

Chapel Schedule

Traditional (West) Chapel

Catholic: Mass, Sundays at 9:15 a.m. and 5 p.m.

Protestant: Traditional service, Sundays at 11 a.m.; Liturgical/ Lutheran service Sundays at 6:30 p.m.; Korean service, Sundays at 2 p.m.

Contemporary (East) Chapel

Protestant: Gospel service, Sundays at 11 a.m.; Contemporary service, Sundays at 5 p.m.

Call 225-7009.

PO disclaimer

An asterisk (*) denotes a private organization. Private organizations are not a part of the Department of Defense or any of its components and have no governmental status.

Samurai Warrior

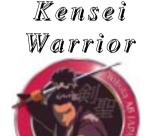




of the Week

Airman First Class Nalani Best, 374th Security Forces Squadron, is this week's Samurai Warrior of the Week for exhibiting the qualities of sympathy towards all people, sincerity and respect for one's word of honor, absolute loyalty to one's superior, and a duty to defend the honor of one's name and guild.

Airman Best is a military customs and immigrations inspector leading the command's busiest customs section, confiscating more than 200 contraband articles. She superbly performed textbook immigration procedures for 40 senators and the Secretary of State ensuring proper documentation was filed for their arrival and departure. Airman Best further displayed her outstanding initiative by quarantining an insect-infested aircraft and detaining three border violators to secure our host nation's borders.





of the Week

Tech. Sgt. Adrian Rhoda

Tech. Sgt. Adrian Rhoda, 624 Air Control Flight/Air Defense Liaison Element, is this week's Kensei Warrior of the Week for exhibiting the qualities of becoming acquainted with every art, developing intuitive judgment and understanding for everything, and paying attention even to trifles.

She is the NCO in charge of the Air Defense Liaison Element at Fuchu Air Station where she is also the acting Operations Superintendent. She revamped the unit's Operating Instruction, incorporating over 50 changes and integrating new capabilities and missions. She established a rotational crew chief CONOPS that provides senior airmen and NCOs the opportunity to exercise leadership. Dedicated to continual self-improvement, she earned a 3.8 GPA while completing her CCAF degree.



"Quotes"

"I never knew anyone who said they like doubleheaders except Ernie Banks, and I think he was lying."

Mike Hargrove

Luau: The Natatorium is hosting a Hawaiian luau party Saturday from 7 p.m. to 1 a.m. The event is adults-only. Call 225-6133.

Fencing tournament: A classic-style fencing tournament is Saturday from 9 a.m. to 5 p.m. at east housing's Sakura Shell park area. The tournament is open to the community.

Golf: Family moonlight golf is Saturday from 7 to 10 p.m. at the Par 3. Food, lessons, drawings and more are offered. Call 225-8815.

The Tama Hills Golf Club Championship is Sept. 24 and 25, and Oct. 1 and 2. The cost is \$65 and includes cart rental, four lunches, prize drawings and more. Call 225-8815.

Dog Days of Summer: The Sakana outdoor pool is hosting its annual Dog Days of Summer Sept. 5. Servicemembers, civilians, and their dogs are invited to enjoy this final day for the pool's season. Call 225-7246.

Body building: The 7th Annual Central Japan Bodybuilding Championships is Sunday beginning at 8 a.m. The cost is \$15 to enter, and finals admission is \$5. Call 225-8881.

Swim team: The Yokota Stingrays swim team is looking for new members. Call the Natatorium at 225-6133.



photo by Airman 1st Class Katie Thomas

Bear hug it!

Kazuvuki Muto tries to wrap his mind and arms around the barrelloading event of the Strong Man competition held Sunday at the annual Friendship Festival here. Instructing him is Jesse Marunde, famous Strong Man competitor known around the world for his grip lifts. Five festival-goers took on the base Strong Man competition, including four Japanese visitors and one community member here. Competitiors had to complete a series of exercises including log cleans, a farmer's walk, a 700-lbs. tire flip, bucket raise, barrelloading and a truck-pull. The competitors were awarded trophies according to their performance. This is the third year the Strong Man competition has been held, and its popularity is growing each year, said main fitness center officials.

Samurai clip Seahawks' wings

Team goes to championship game Saturday

By Maj. Rick Young

374th Airlift Wing Manpower office

The Yokota Samurai Warrior Football team made history of millennial proportions.

They were able to snap the Yokosuka Seahawk stronghold on the league championship as Yokosuka was the five-time defending champions.

The Warriors did it in grand fashion with a 33-0 mopping of the Seahawks.

The Warriors (6-1) will travel to Misawa Air Base to determine a new league champion against the Marauders.

Quarterback Jake Dowdell went 7-for-20 for 148 yards, including touchdown passes of 40 and 39 yards to John Wilson and 2 yards to Bruce Turner.

Fullback Deion Williams trucked through for a 1-yard touchdown run.

Xavier Reyes ran 11 times for 107 yards

and Wilson caught three passes for 118 yards.

Kenneth Abernathy capped the scoring with a 43 yard interception return.

Ely Wolin went 2-for-3 on field goal attempts.

Ronnie Hicks went 1- for 2.

The defense racked up four sacks and forced four turnovers, smothering the Seahawk offense on the way to the shut out.

The Seahawks (2-5) penetrated only as far as Yokota's 14-yard line on the final play of the game, a 57-yard pass from Dedrick Hall (3-for-21, 109) to Curtis White, who had all three Yokosuka receptions.

The Warriors now turn their attention to Misawa, and the league championship and look to take care of business and bring the gold back to Yokota. This is the Warriors first appearance in the league championship since

The game is scheduled for Saturday at 2 p.m. at Misawa.

Intramural soccer game play

⇒Today at Snyder Field

DFAS/CPTS at 36 AS 5:30 p.m. AAFES at 374 LRS B 6:30 p.m. 5AF/USFJ at 374 MDG 7:30 p.m. 8:30 p.m. 374 CES at 374 CS ⇒Monday at Snyder Field

374 MXG at DFAS/CPTS

5:30 p.m. 374 MDG at AAFES 6:30 p.m. 7:30 p.m. 5AF/USFJ at 374 CONS 374 SVS at 374 CES 8:30 p.m.

⇒Tuesday at Snyder Field

374 CES at 374 LRS B 5:30 p.m. 6:30 p.m. 36 AS at 374 CS 374 CONS at 374 SVS 7:30 p.m. 8:30 p.m. 374 MDG at 374 MXG

⇒Wednesday at Snyder Field

DFAS/CPTS at 5AF/USFJ 5:30 p.m. 374 LRS B at 730 AMS 6:30 p.m. 7:30 p.m. 374 LRS A at 36 AS ⇒Thursday at Snyder Field

730 AMS at 374 MDG 5:30 p.m. 374 CS at 374 MXG 6:30 p.m.

